## ATHARVA INSTITUTE OF MANAGEMENT STUDIES (Approved by AICTE, DTE & Affiliated to University of Mumbai)

**International Women's Day Celebration** 

( NAAC Accreditated )

"Beautiful Inside — Out"

A Women's Development Cell Event

**SEMINAR ON "Self-acceptance and loving yourself"** 

Resource person: DR. SHUBHI LALL AGARWAL

Day: Wednesday | Date: 7th March, 2018

Venue & Association: Mahatma Education Society's Pillai Group of Institutions

in association with The Hindu Newspaper

## **About Beautiful Inside-Out**

Mahatma Education Society's Pillai Group of Institutions in association with The Hindu Newspaper celebrated International Women's Day on 7th March, 2018 at Dr. K. M. Vasudevan Pillai Campus, Sector 16, New Panvel.

To celebrate this day, the Women's Development Cell of the four institutes, Pillai Institute of Management Studies and Research, Pillai College of Arts, Commerce and Science, Pillai College of Engineering and Pillai College of Architecture, organized a Seminar on the theme, "Beautiful Inside — Out". Ms. Manali Ingle, representative of the Hindu newspaper, addressed the audience first. In her address she mentioned that it was very important for girls to accept and love themselves as they are and enable every girl realize their potential to the fullest and feel beautiful inside out.

The seminar continued with a session on "Self-acceptance and loving yourself" by Dr. Shubhi Lall Agarwal followed by a Self Defence workshop by world famous martial art expert Mr. Ganesh Padyachi. The seminar was well received and appreciated by the 400 students who attended the same.

## **Picture of the Seminar**



Dr Shubhi Lall felicitated by the Professor of Pillai Business School





Self Defence Workshop





## News on the Website of Pillai Business School

